



CONTROLLED SUBSTANCE POLICY

- All In Family Medicine does not accept patients who are seeking narcotics or controlled substance prescriptions unless they are under full medical care, including regular physicals and yearly lab work.
- All In Family Medicine providers may write prescriptions for narcotics or other controlled substances at the provider's discretion, but will recommend alternatives when possible.
- All In Family Medicine providers will not initiate long-term use of narcotics or controlled substances.
- For patients that genuinely require ongoing treatment for chronic pain, anxiety, or sleep disorders, we may refer you to a specialist.
- For those interested in natural methods for control of anxiety, pain, or insomnia, our providers will help you find the solutions that works best for you. These may include meditation, yoga, Calm app, Deplin, hiking, walking, weight loss, or melatonin sustained-release.
- All patients will be asked to sign a controlled substance agreement before a prescription for narcotics or other controlled substances can be issued.



CONTROLLED SUBSTANCE AGREEMENT

This form is required for any patient receiving prescriptions for controlled substances.

I understand that all pharmacies are required by law to report all prescriptions filled for controlled substances, and medical providers are required to review these records prior to writing or refilling any prescription for a controlled substance.

I agree to receive all prescriptions for controlled substances only from an All In Family Medicine provider. This includes all painkillers (norco, precocet), tranquilizers, Sleep aids such as Ambien or Restoril; Anxiety medications such as Xanax or Lorazepam, prescription cough medicines, and any other habit-forming drugs such as headache formulas containing Butalbital (Fioricet, etc), muscle relaxants containing carisoprodol (soma) and weight loss medications. It also includes any medications for ADD, ADHD such as Adderall or Concerta. In the event surgery or emergency circumstances, All In Family Medicine should be notified as soon as possible.

I understand that I will only be given enough medication for the time allowed by the DEA. Some controlled substances such as the Adderall or Concerta require an office visit for a refill every 30 days. Office visits will be scheduled every 30 or 90 days as applicable to the controlled substance that is prescribed. Telehealth Office Visits may be used 2 out of the 3 months. **No** refills will be given prior to that time, unless explicitly stated on the original prescription. **No** exceptions will be made for any reason, including accident, loss, theft of medication. It is my responsibility to protect my medications supply.

I agree to fill all controlled substance prescriptions at the following pharmacy.

Name: _____ Location: _____

Lack of follow up as appointed or misuse of any prescriptions or medicine will constitute violation of this agreement.

I understand that if I violate this agreement in any way I may be immediately discharged from care and asked to find another provider.

Print name: _____

Signature: _____

Date: _____

Provider signature: _____

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